

## 2023 VARSITY CROSS COUNTRY MEET SCHEDULE

<u>DAY</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
Saturday	September 9	Episcopal Round Table Run	Highland Park, Baton Rouge
Fri./Sat.	September 15-16	Southern Showcase	John Hunt Park, Huntsville, AL
Saturday	September 23	Mt. Carmel Cub Run	City Park Course
Saturday	September 30	St. Joseph's Invitational	Highland Park, Baton Rouge
Saturday	October 7	Catholic Invitational	Highland Park, Baton Rouge
Saturday	October 14	Randy Zell Invitational	City Park Course
Saturday	October 21	Jack Schommer Invitational	City Park Course
Thursday	October 26	District 9-5A Meet	City Park Course
Friday	November 3	Division 1-Region 3 Regional V	City Park Course
Monday	November 13	State Championship Meet V	Natchitoches, LA/Northwestern State U.