



October 2020 High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>French Toast w/ Sausage, Sausage Biscuit, or Donut, Tots, Fruit, Milk</p> <p>Red Beans & Rice Chicken Smackers or Sausage Links Strawberries/ Fresh Fruit French Bread, Milk</p> <p>Mozarella Sticks w/ sauce, Chicken Filet on Bun Pizza, Burgers, Chicken Tenders</p>	<p>Eggs, Sausage, Toast or Sausage Biscuit, or Donut, Grits, Tots, Fruit, Milk</p> <p>Chicken Fajitas Lettuce & Chopped Tomatoes Golden Corn Chilled Peaches/ Fresh Fruit Cake, Milk</p> <p>Bacon Cheeseburger, Spicy Chicken Pizza, Burgers, Popcorn Chicken</p>
<p>NO BREAKFAST OR LUNCH WILL BE SERVED DURING EXAM WEEK</p>				
<p>Chicken or Sausage Biscuit or Donut, Grits, Tots, Fruit, Milk</p> <p>Red Beans & Rice Chicken Smackers or Sausage Links Glazed Carrots Fresh Fruit Mandarin Oranges French Bread Milk</p> <p>Hot Ham & Cheese, Spicy Chicken on a Bun, Pizza, Burgers, Popcorn Chicken</p>	<p>Pancakes or Waffle w/ Chicken or Sausage, or Saus. Biscuit, or Donut, Tots, Fruit, Milk</p> <p>Crispy or Soft Beef or Chicken Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Pears Cinnamon Roll Milk</p> <p>Hot Ham & Cheese, Chicken Filet on a Bun Pizza, Burgers, Chicken Tenders</p>	<p>Sausage Biscuit, or Donut, or Pancake Pup Tots, Fruit, Milk</p> <p style="text-align: center;">PSAT TESTING</p> <p style="text-align: center;">NO LUNCH SERVED TODAY</p>	<p>French Toast w/ Sausage, Sausage Biscuit, or Donut, Tots, Fruit, Milk</p> <p>Chicken Nuggets Baked Macaroni & Cheese Carrot Souffle Fresh Fruit Chilled Pineapples French Bread Milk</p> <p>Mini Corn Dogs, Chicken Filet on a Bun, Pizza, Burgers, Chicken Nuggets</p>	<p>Eggs, Sausage, Toast or Sausage Biscuit, or Beignets, Grits, Tots, Fruit, Milk</p> <p>Italian Bake Pasta Steamed Broccoli Fresh Fruit Chilled Peaches Garlic Roll Milk</p> <p>Bacon Cheeseburgers, Spicy Chicken, Pizza, Burgers, Chicken Tenders</p>
<p>Chicken or Sausage Biscuit or Donut, Grits, Tots, Fruit, Milk</p> <p>Salisbury Steak Mashed Potatoes Glazed Carrots Fresh Fruit Chilled Pineapples Southern Butter Roll Milk</p> <p>Hot Ham & Cheese on a Bun, Spicy Chicken on a Bun, Pizza, Burgers, Popcorn Chicken</p>	<p>Pancakes or Waffle w/ Chicken or Sausage, or Saus. Biscuit, or Donut, Tots, Fruit, Milk</p> <p>Crispy or Soft Beef or Chicken Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Peaches Cinnamon Stick Milk</p> <p>Grilled Cheese Sandwich, Chicken Filet on Bun, Pizza, Burgers, Chicken Tenders</p>	<p>Bacon, Egg, Cheese Biscuit, or Donut, or Pancake Pup, Grits, Tots, Fruit, Milk</p> <p>Chicken Parmesan with Pasta Caesar Salad Fresh Fruit Chilled Strawberries Garlic Roll Milk</p> <p>Grilled Chicken on Bun, Spicy Chicken, Pizza, Burgers, Chicken Nuggets</p>	<p>French Toast w/ Sausage, Sausage Biscuit, or Donut, Tots, Fruit, Milk</p> <p>General Tso Chicken Fried Rice Carrot Souffle Chilled Pears Fresh Fruit Southern Butter Roll Milk</p> <p>Meatball Poboy, Chicken Filet on a Bun, Pizza, Burgers, Chicken Nuggets</p>	<p>Eggs, Sausage, Toast or Sausage Biscuit, or Donut, Grits, Tots, Fruit, Milk</p> <p>Sweet Heat Meatballs Baked Macaroni & Cheese Baked Beans Fresh Fruit Chilled Applesauce Southern Butter Roll Rice Krispie Treat, Milk</p> <p>Bacon Cheeseburgers, Spicy Chicken, Pizza, Burgers, Chicken Tenders</p>
<p>Chicken or Sausage Biscuit or Donut, Grits, Tots, Fruit, Milk</p> <p>Jamaican Jerk Grilled Chicken Macaroni & Cheese Glazed Carrots Fresh Fruit Chilled Applesauce Southern Butter Roll Milk</p> <p>Turkey Philly Sandwich, Spicy Chicken on Bun, Pizza, Burgers, Chicken Nuggets</p>	<p>Pancakes or Waffle w/ Chicken or Sausage, or Saus. Biscuit, or Donut, Tots, Fruit, Milk</p> <p>Crispy or Soft Beef or Chicken Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Mandarin Oranges Cinnamon Stick Milk</p> <p>Grilled Cheese Sandwich, Chicken Filet on Bun, Pizza, Burgers, Chicken Tenders</p>	<p>Bacon, Egg, Cheese Biscuit, or Donut, or Pancake Pup, Grits, Tots, Fruit, Milk</p> <p>Meatsauce & Spaghetti Creamed Spinach Fresh Fruit Chilled Pears Garlic Roll Milk</p> <p>Grilled Chicken on Bun, Spicy Chicken, Pizza, Burgers, Popcorn Chicken</p> <p style="text-align: center;"><small>This institution is an equal opportunity provider</small></p>	<p>French Toast w/ Sausage, Sausage Biscuit, or Donut, Tots, Fruit, Milk</p> <p>Red Beans & Rice Chicken Smackers or Sausage Links Seasoned Greenbeans Fresh Fruit Chilled Strawberries Frenchbread Milk</p> <p>Mozzarella Sticks w/ sauce, Chicken Filet on Bun, Pizza, Burgers, Chicken Nuggets</p>	<p>Eggs, Sausage, Toast or Sausage Biscuit, or Donut, Grits, Tots, Fruit, Milk</p> <p>Chicken Fajitas Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Peaches Cake Milk</p> <p>Bacon Cheeseburgers, Spicy Chicken, Pizza, Burgers, Chicken Tenders</p> <p style="text-align: right;"></p>