





September 2020 High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Pancakes or Waffles with Chicken or Sausage, or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>Crispy or Soft Beef or Chicken Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Mandarin Oranges Cinnamon Roll Milk</p> <p>Grilled Cheese Sandwich, Chicken Filet on Bun Pizza, Burgers, Chicken Tenders</p>	<p>2</p> <p>Bacon, Egg, Cheese Biscuit or Donut or Pancake Saus. Nuggets, Grits, Tots, Fruit, Milk</p> <p>Meatballs & Spaghetti Creamed Spinach Fresh Fruit Chilled Peaches Garlic Roll Milk</p> <p>Grilled Chicken, Spicy Chicken on Bun Pizza, Burgers, Chicken Smackers</p>	<p>3</p> <p>French Toast & Sausage or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>Red Beans with Rice Chicken Smackers or Sausage Links Seasoned Greenbeans Fresh Fruit Chilled Strawberries Cornbread Milk</p> <p>Mozarella Sticks & Red Gravy, Chicken Filet on Bun Pizza, Burgers, Chicken Nuggets</p>	<p>4</p> <p>Funnel Cake or Eggs, Saus., Toast or Saus. Biscuit, Grits, Tots, Fruit, Milk</p> <p>NEW Chicken Fajitas Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Peaches Cake Milk</p> <p>Bacon Cheeseburger, Spicy Chicken Pizza, Hamburger, Chicken Smacker</p>
<p>7</p> <p>Schools Closed</p> 	<p>8</p> <p>Pancakes or Waffles with Chicken or Sausage, or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>Crispy or Soft Beef or Chicken Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Peaches Cinnamon Stick Milk</p> <p>Grilled Cheese Sandwich, Chicken Filet on Bun Pizza, Burgers, Chicken Tenders</p>	<p>9</p> <p>Bacon, Egg, Cheese Biscuit or Donut or Pancake Saus. Nuggets, Grits, Tots, Fruit, Milk</p> <p>Meatsauce & Spaghetti Broccoli with Cheese Fresh Fruit Chilled Peaches Garlic Roll Milk</p> <p>Grilled Chicken, Spicy Chicken on Bun Pizza, Burgers, Chicken Smackers</p>	<p>10</p> <p>French Toast & Sausage or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>General Tso Chicken Fried Rice Carrot Souffle Steamed Broccoli Fresh Fruit Chilled Strawberries Southern Butter roll Milk</p> <p>Sloppy Joes, Chicken Filet on Bun Pizza, Burgers, Chicken Nuggets</p>	<p>11</p> <p>Funnel Cake or Eggs, Saus., Toast or Saus. Biscuit, Grits, Tots, Fruit, Milk</p> <p>Sweet Heat Meatballs Baked Macaroni & Cheese Baked Beans Seasoned Greenbeans Fresh Fruit Mandarin Oranges Frenchbread Brownie, Milk</p> <p>Bacon Cheeseburger, Spicy Chicken Pizza, Hamburger, Chix. Smackers</p>
<p>14</p> <p>Chicken or Sausage Biscuit or Donut Grits, Tots, Fruit, Milk</p> <p>Red Beans and Rice Chicken Smackers or Sausage Links Glazed Carrots Fresh Fruit Mandarin Oranges Cornbread Milk</p> <p>Grilled Cheese Sandwich, Spicy Chicken on Bun Pizza, Burgers, Chicken Smackers</p>	<p>15</p> <p>Pancakes or Waffles with Chicken or Sausage, or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>Crispy or Soft Beef or Chicken Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Peaches Cinnamon Roll Milk</p> <p>Hot Ham & Cheese on Bun, Chicken Filet on Bun Pizza, Burgers, Chicken Tenders</p>	<p>16</p> <p>Bacon, Egg, Cheese Biscuit or Donut or Pancake Saus. Nuggets, Grits, Tots, Fruit, Milk</p> <p>Italian Bake Pasta Steamed Cauliflower Steamed Broccoli Fresh Fruit Chilled Peaches Garlic Roll Milk</p> <p><i>nutrition day</i>  <i>Mangoes</i></p> <p>Turkey Philly Sandwich, Spicy Chicken on Bun Pizza, Burgers, Chicken Smackers</p>	<p>17</p> <p>French Toast & Sausage or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>Chicken Nuggets Baked Macaroni & Cheese Ceasar Salad Carrot Souffle Fresh Fruit Chilled Pineapples French Bread Milk</p> <p>Mini Corn Dogs, Chicken Filet on Bun Pizza, Burgers, Chicken Nuggets</p>	<p>18</p> <p>Beignets or Eggs, Saus., Toast or Saus. Biscuit, Grits, Tots, Fruit, Milk</p> <p>Chicken Fajita Alfredo Pasta California Mixed Veggies Seasoned Green Beans Fresh Fruit Chilled Strawberries Southern Butter Roll Cookie Milk</p> <p>Bacon Cheeseburger, Spicy Chicken Pizza, Hamburger, Chicken Smackers</p>
<p>21</p> <p>Chicken or Sausage Biscuit or Donut Grits, Tots, Fruit, Milk</p> <p>Salisbury Steak Mashed Potatoes Carrot Souffl Fresh Fruit Chilled Pineapples Southern Butter Roll Milk</p> <p>BBO Pork on Bun, Spicy Chicken on Bun Pizza, Burgers, Chicken Smackers</p>	<p>22</p> <p>Pancakes or Waffles with Chicken or Sausage, or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>Crispy or Soft Beef or Chicken Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Peaches Cinnamon Roll Milk</p> <p>Grilled Cheese Sandwich, Chicken Filet on Bun Pizza, Burgers, Chicken Tenders</p>	<p>23</p> <p>Bacon, Egg, Cheese Biscuit or Donut or Pancake Saus. Nuggets, Grits, Tots, Fruit, Milk</p> <p>Chicken Parmesan with Pasta Caesar Salad Fresh Fruit Chilled Strawberries Garlic Roll Milk</p> <p>Sloppy Joes, Spicy Chicken on bun Pizza, Burgers, Chicken Nuggets</p>	<p>24</p> <p>French Toast & Sausage or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>Beef Pot Roast over Rice Broccoli w/ Cheese California Blend Veggies Fresh Fruit Chilled Peaches French Bread Milk</p> <p>Grilled Chicken on Bun, Chicken Filet on Bun Pizza, Burgers, Chicken Nuggets</p>	<p>25</p> <p>Funnel Cake or Eggs, Saus., Toast or Saus. Biscuit, Grits, Tots, Fruit, Milk</p> <p>Fried Catfish White Beans with Rice Caesar Salad Fresh Fruit Chilled Applesauce Southern Butter Roll Rice Krispie Treat Milk</p> <p>Bacon Cheeseburger, Spicy Chicken Pizza, Hamburger, Chix Smackers</p>
<p>28</p> <p>Chicken or Sausage Biscuit or Donut Grits, Tots, Fruit, Milk</p> <p>BBO Grilled Chicken Macaroni & Cheese Glazed Carrots Steamed Cauliflower Fresh Fruit Chilled Applesauce Southern Butter Roll Milk</p> <p>Meatball Poboy, Spicy Chicken on Bun Pizza, Burgers, Chicken Nuggets</p>	<p>29</p> <p>Pancakes or Waffles with Chicken or Sausage, or Donut or Sausage Biscuit, Tots, Fruit, Milk</p> <p>Crispy or Soft Beef or Chicken Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Mandarin Oranges Cinnamon Roll Milk</p> <p>Grilled Cheese Sandwich, Chicken Filet on Bun Pizza, Burgers, Chicken Tenders</p>	<p>30</p> <p>Bacon, Egg, Cheese Biscuit or Donut or Pancake Saus. Nuggets, Grits, Tots, Fruit, Milk</p> <p>Meatsauce & Spaghetti Spinach with Cheese Fresh Fruit Chilled Pineapples Garlic Roll Milk</p> <p>Grilled Chicken on Bun, Spicy Chicken on Bun Pizza, Burgers, Chicken Smackers</p>		

This institution is an equal opportunity provider



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