



2019 Cross Country Schedule

<u>DAY</u>	<u>DATE</u>	<u>MEET</u>	<u>TEAM</u>	<u>SITE</u>
Saturday	September 4	Sacred Heart Relays	V, JV, JH	Audubon Park
Saturday	September 7	Mt. Carmel Invitational	V, JV, JH	City Park
Saturday	September 14	Gulf Coast Stampede	Top 18 V	Pensacola, FL.
Saturday	September 21	Dominican – Holy Cross	V, JV, JH	City Park
Thursday	September 26	Newman Invitational	V, JV, JH	Audubon Park
Saturday	September 28	St. Paul's Invitational	V, JV, JH	Money Hill Course
Saturday	October 5	St. Joseph Invitational Country Day Invitational	V, JV, JH V, JV, JH	Highland Park City Park
Saturday	October 12	Catholic Invitational Country Day Invitational	V, JV, JH Top 5-7 V	Highland Park Manhattan, NY
Saturday	October 19	Sugar Bowl Invitational	V, JH	City Park
Thursday	October 26	Jack Schommer Invitational	V, JV, JH	City Park
Saturday	October 31	District 9 5A Championships	V	City Park
Friday	November 2	JH-JV Metro Championships	JV, JH	City Park
Tuesday	November 8	Region 3 XC Championships	Top 7 V	City Park
Tuesday	November 19	State XC Championships	Top 7 V	Natchitoches, LA.