





# SEPTEMBER 2017 JESUIT HIGH SCHOOL MENU



Monday	Tuesday	Wednesday	Thursday	Friday
				No Breakfast or Lunch Today
	4 Pancakes or Waffles w/ Sausage, Tots, Applesauce, Fresh Fruit, Milk  Crispy or Soft Beef or Chicken Taco Shredded Cheese Cup, Corn Shredded Lettuce & Chopped Tomato Chilled Mandarin Oranges, Fresh Fruit Cinnamon Roll, Milk  Ham Poboy, Chicken Patty on a Bun Grilled Cheese Sandwich, Chix Strips	5 Scrambled Eggs, Sausage, Toast Grits, Tots, Strawberries, Milk  Meatsauce & Spaghetti Cauliflower w/Cheese Chilled Applesauce, Fresh Fruit Garlic Roll Milk  Turkey Poboy, Spicy Chicken on Bun Calzonettes w/ red gravy	6 Pancake Pup or French Toast w/ Sausage Tots, Peaches, Fresh Fruit, Milk  Red Beans & Rice, Sausage Links Popeye Salad Chilled Strawberries, Fresh Fruit Cornbread Milk  Ham Poboy, Chicken Patty on a Bun Hamburger or Cheeseburger, Chix Balls	7 Beignets or Donuts, Tots, Mixed Fruit, Fresh Fruit, Milk  Chicken & Sausage Gumbo, Rice Potato Salad, Green Peas Chilled Peaches, Fresh Fruit Southern Butter Roll, Milk Brownie  Turkey Poboy, Spicy Chicken on Bun Hot Dog w/ chili
11 Chicken or Sausage Biscuit, Tots, Grits, Pears, Fresh Fruit, Milk  Chicken & Sausage Jambalaya Green Beans, Glazed Carrots Chilled Strawberries, Fresh Fruit Southern Butter Roll Milk  Turkey Poboy, Spicy Chicken on Bun Hot Dog w/ chili	12 Pancakes or Waffles w/ Sausage, Tots, Applesauce, Fresh Fruit, Milk  Crispy or Soft Beef or Chicken Taco Shredded Cheese Cup, Corn Lettuce & Chopped Tomato Chilled Peaches, Fresh Fruit Cinnamon Roll, Milk  Ham Poboy, Chicken Patty on a Bun Pork Chop on Bun, Chix Smackers	13 Scrambled Eggs, Sausage, Grits, Tots, Toast, Strawberries, Milk  Lasagna  Creamed Spinach Mandarin Oranges, Fresh Fruit Garlic Roll Milk  <b>WATERMELON NUTRITION DAY</b>  Turkey Poboy, Spicy Chicken on Bun Grilled Cheese Sandwich	14 Pancake Pup or French Toast w/ Sausage, Tots, Peaches, Fresh Fruit, Milk  Chicken Smackers, Macaroni & Cheese Cauliflower w/Cheese, Baked Beans Chilled Peaches, Fresh Fruit French Bread Milk  Ham Poboy, Chicken Patty on a Bun Hamburger or Cheeseburger, Chix Nuggets	15 Beignets or Donuts, Tots, Mixed Fruit, Fresh Fruit, Milk  Shepard's Pie Italian Salad Tropical Fruit, Fresh Fruit Southern Butter Roll, Milk Rice Krispie  Turkey Poboy, Spicy Chicken on Bun Calzonettes w/ red gravy
18 Chicken or Sausage Biscuit, Tots, Grits, Pears, Fresh Fruit, Milk  Beef Stew & Rice Carrot Souffle, Green Beans Mixed Fruit, Fresh Fruit Southern Butter Roll Milk  Ham Poboy, Spicy Chicken on Bun Calzonettes w/ red gravy	19 Pancakes or Waffles w/ Sausage, Tots, Applesauce, Fresh Fruit, Milk  Crispy or Soft Beef or Chicken Tacos Shredded Cheese Cup, Corn Lettuce & Chopped Tomato Mandarin Oranges, Fresh Fruit Cinnamon Stick, Milk  Turkey Poboy, Chicken Patty on a Bun Grilled Cheese Sandwich, Chix Balls	20 Scrambled Eggs, Sausage, Grits, Tots, Toast, Strawberries, Milk  Meatsauce & Spaghetti Broccoli w/ Cheese Pears, Fresh Fruit Garlic Roll Milk  Ham Poboy, Spicy Chicken on Bun Pork Chop on a Bun	21 Pancake Pup or French Toast w/ Sausage, Tots, Peaches, Fresh Fruit, Milk  Red Beans & Rice, Sausage Links Caesar Salad Applesauce, Fresh Fruit Cornbread Milk  Turkey Poboy, Chicken Patty on a Bun Hot Dog w/ chili, Chix Nuggets	22 Beignets or Donuts, Tots, Mixed Fruit, Fresh Fruit, Milk  Chicken & Sausage Gumbo, Rice Potato Salad, Green Peas Peaches, Fresh Fruit Southern Butter Roll, Milk Brownie  Ham Poboy, Spicy Chicken on Bun Hamburger or Cheeseburger
25 Chicken or Sausage Biscuit, Tots, Grits, Pears, Fresh Fruit, Milk  Shepard's Pie Glazed Carrots Chilled Applesauce, Fresh Fruit Southern Butter Roll, Milk  Turkey Poboy, Spicy Chicken on Bun Calzonettes w/ red gravy	26 Pancakes or Waffles w/ Sausage, Tots, Applesauce, Fresh Fruit, Milk  Crispy or Soft Beef or Chicken Taco Shredded Cheese Cup, Corn Lettuce & Chopped Tomato Chilled Peaches, Fresh Fruit Cinnamon Roll, Milk  Ham Poboy, Chicken Patty on a Bun Hamburger or Cheeseburger, Chix Balls	27 Scrambled Eggs, Sausage, Grits, Tots, Toast, Strawberries, Milk  Meatballs in Red gravy, Spaghetti Broccoli w/Cheese Chilled Peaches, Fresh Fruit Garlic Roll, Milk  Turkey Poboy, Spicy Chicken on bun Grilled Cheese Sandwich	28 Pancake Pup or French Toast w/ Sausage, Tots, Peaches, Fresh Fruit, Milk  Chicken Smackers & Fried Rice Caesar Salad, Green Beans Applesauce, Fresh Fruit French Bread, Milk  Ham Poboy, Chicken Patty on a Bun Meatball Poboy, Chicken Strips	29 Beignets or Donuts, Tots, Mixed Fruit, Fresh Fruit, Milk  Pork Chop, Baked Beans Mashed Potatoes w/Gravy Chilled Strawberries, Fresh Fruit Southern Butter Roll, Milk Cake  Turkey Poboy, Spicy Chicken on Bun Hot Dog w/ chili

